



SHER-E-PUNJAB GYMKHANA & HEALTH CLUB ASSOCIATION
SPORTS ACTIVITY RATES FROM:- 1ST APRIL, 2018 TO 31ST MARCH, 2019

GYM TIMINGS- Gents/Ladies [Unisex Timings] : 6:00am to 1:00pm

Gents Timings Evening : 5pm to 9:30pm / Ladies Timings: 6am to 1pm & 4pm to 9pm.

		Rates Inclusive of Taxes
Member - Gym with Jacuzzi and Steam	Daily	110.00
Guest - Gym with Jacuzzi and Steam	Daily	295.00
Gym with Personal Trainer	Monthly	3000.00
Member - Gym with Jacuzzi and Steam (WITHOUT SWIMMING)	Anually	4450.00
Senior Citizen - Gym with Jacuzzi and Steam (without Swimming)	Anually	3560.00
Member - Gym with Jacuzzi / Steam/ Swimming (inclusive of yoga for Ladies)	Anually	5560.00
Senior Citizen - Gym with Jacuzzi / Steam/ Swimming (incl. of yoga for Ladies)		4450.00
Member Couple (inclusive of Jacuzzi / steam and Swimming)	Anually	8345.00
Senior Citizen Member - Couple (incl of Jacuzzi / steam and Swimming)	Anually	6680.00
Senior Citizen 01 Member - Couple (incl of Jacuzzi / steam and Swimming)	Anually	7510.00
1st Member of the Family	Anually	5115.00
Senior Citizen - 1st Member of the Family	Anually	4100.00
2nd Member of the Family	Anually	3340.00
Senior Citizen - 2nd Member of the Family	Anually	2670.00
Member (Family of 4 persons)	Anually	15570.00
Senior Citizen - 01 person (Family of 4 Person)	Anually	14790.00
Senior Citizen - 02 person (Family of 4 Person)	Anually	13310.00
Addition to the Above Per Entry	Anually	1335.00
Senior Citizen - Addition to the Above party	Anually	1780.00
HALF YEAR RATES		
Half Year (Single - Jacuzzi, Steam with Swimming)	Half year	3340.00
Half year (Single - Jacuzzi, Steam without Swimming)	Half year	2670.00
Half Year (Gym , Jacuzzi, Steam with Swimming -Couple)	Half year	5010.00
1st Member of the Family	Half year	3070.00
2nd Member of the Family	Half year	2005.00
Family of 4 persons	Half year	9345.00
Addition to the above per entry	Half year	800.00
QUARTERLY		
Gym (Single - Jacuzzi, Steam without Swimming)	Quarterly	1780.00
Gym (Single - Jacuzzi, Steam with Swimming)	Quarterly	2225.00
Month (without Swimming)	Monthly	1,200.00
YOGA - Only for Ladies (11:00am To 11:45am - MWF) Mrs. Usha Mark :- 28380435		
Member	Monthly	235.00
Guest	Monthly	470.00
Member	Anually	2335.00
Senior Citizen - Yoga Member	Anually	1870.00
Guest	Anually	4545.00
GUEST ROOMS (Incl. of Breakfast, Swimming, Health club & Billiard)		
Room Rent	One Day	3100.00
Extra Bed	One Day	600.00
MASSAGE (as per prior appointment)		
Member	45 Minutes	355.00
Guest	45 Minutes	650.00
BADMINTON (Light Timings:-7pm to 10pm) Tuesday No Light		
Member	Monthly	60.00
Guest	Monthly	150.00
Electricity Charges	PER HOUR	180.00
Playing Charges For Members Guest (Monday To Friday)	Per Day	80.00
Playing Charges For Members Guest (Sat / Sun / Bank Holidays)	Per Day	105.00
BILLIARD / SNOOKER Timing (3:00pm to 11:00PM)		
Member 1Hours charges	PER HOUR	25.00
Guest 1hours charges	PER HOUR	70.00



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LAWN TENNIS (For Private Coaching contact Coach)

06:30AM to 07:30 AM & 03:00PM to 07:00 PM Only. Light Time 07pm To 9:30pm

Sai Tennis Academy :- 9967586853 / 9322645342 No Evening Tennis Lights on TUESDAY

Member	Anually	4000.00
Member	Monthly	800.00
Senior Citizen - Lawn Tennis	Anually	3200.00
Member	Daily	135.00
Each Hour & Each Court Light Charges	Hourly	295.00
Non Existing Tennis Member	Hourly	135.00
Guest	Hourly	270.00

SWIMMING COACHING [Timing:-Mor-7am to 9am/ Eve-5pm to 8pm] TEL NOS.-28381050/ 28259174

<u>Swimming advance coaching (Admission as per coach instructions only)</u>		
Member	Monthly	1225.00
Guest	Monthly	2390.00
<u>Swimming Private Coaching (Sunday , Tuesday , Bank holidays Closed.)</u>		
Member	Monthly	1550.00
Guest	Monthly	4055.00
<u>Swimming Group Coaching (Seasonal)</u>		
Member	15 Days	610.00
Guest	15 Days	1585.00
<u>Swimming (6:00am to 10:00am & Sunday till 1:00pm) (Eve:- 5:00pm to 9:00pm)</u>		
Member	Daily	30.00
Guest (Mon to Fri)	Daily	110.00
Guest (Week Ends & Public Holidays)	Daily	145.00
Member	Anually	2450.00
Senior Citizen - Swimming Pool	Anually	1960.00
Members'Child (Below 12 Years)	Anually	1225.00
Member	Monthly	255.00
Members'Child (Below 12 Years)	Monthly	225.00
<u>Half Year Rates</u>		
Member	Half Year	1470.00
Members'Child (Below 12 Years)	Half Year	740.00

SKATING [Mr. Ajay Shivilani Timings:- Thursday & Saturday 5pm to 6pm]

Members	Monthly	1000.00
Guest	Monthly	1950.00
LOCKER RENT CHARGES (Inclusive GST)		Anually 355.00

KIDS ROOM 4:00pm To 8:00pm - FREE FOR MEMBERS

TABLE TENNIS- FREE FOR MEMBERS

Members Guest - Monday To Friday	Per Day	50.00
Members Guest - Saturday, Sunday and Bank Holidays	Per Day	105.00

CARD ROOM Day's (Mon to Fri) Time 2:30 To 11:00PM

Member's and Member's Guest- For Playing cards	<u>Three Pack of Cards</u>	250.00
Card Room Members Guest Entry - Monday To Friday		140.00
Card Room Members Guest Entry on Saturday , Sunday & Public Holidays		200.00
		wef 01.01.2018
Members Guest entry charges - Monday To Friday		50.00
Members Guest entry charges on Saturday, Sunday & Public Holidays		70.00

SWIMMING POOL CHARGES- INSTITUTES w.e.f 01.04.2018

Gurship Education Trust		2840.00
Maritime Institute - Powai		2840.00
SCMS		2840.00
Ark Marine Academy		2840.00
Shipping corporation of India		2500.00